

Pediatric General Anesthesia and IV Sedation Instructions

The following instructions must be followed

- Nothing by mouth after 10:00 PM the day before the appointment. NO FOOD OR DRINK the day of your child's procedure.
- Take necessary medications with small sip of water and only take medications that have been discussed with anesthesia provider previously
- Please bring **ALL** prescription meds to appointment including inhalers.
- Have your child wear comfortable, loose-fitting clothing with short sleeves. Please no jewelry or fingernail polish.
- A parent or legal guardian must be present the day of the procedure and must stay at the office for the duration of the procedure. You must have a responsible adult with your child at home for the first 24 hours after surgery.
- (For driving age children) Do not drive or operate machinery for at least 24 hours after receiving any kind of sedation. Plan to not return to work for at least 24 hours after anesthesia or sedation.
- Do not allow your child to go to school the day of their procedure. This will result in a cancellation as we cannot be certain they did not eat or drink anything while at school.
- If your child has any changes in their health history or become ill prior to their procedure, please call Selkirk Anesthesia at 208-503-2374 to report it. Report any colds, sore throat, cough, fever, flu like symptoms.

Post Anesthesia Instructions

- (For driving age children) No operating machinery or driving a vehicle of any kind for 24 hours
- When your child feels like starting to eat again start with ice chips and water and slowly progress to light foods. Avoid heavy foods for the first 24 hours.
- Resume taking all prescription as prescribed as long as the dentist verifies it is ok.
- Any bleeding concerns related to your mouth should be directed to your dentist. Follow the dentist's instructions for bleeding.
- Contact your dentist for any issues with pain.
- It is common to experience some nausea after anesthesia. If your child experiences nausea be sure to not eat anything heavy and drink plenty of fluids. If their nausea doesn't improve please contact your anesthesia provider.
- If your child has trouble breathing, chest pain, a high fever, or any other urgent medical issues after your procedure please go to the nearest emergency room to be evaluated.